



CHAPTER CAPSULE

Celebrating 30 Years

VOLUME XXVII
ISSUE 4
FALL 2012

Providing optimal care through promotion of professional standard, networking and development

CANCER SURVIVORSHIP

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There are approximately 13.7 million Americans with a history of cancer living in the United States, and that number is expected to grow to more than 18 million by 2022. Nearly one half of all survivors are over the age of 70. Surviving cancer has become the norm for most patients with localized malignant processes because better screening techniques are uncovering cancers in early, curable stages. As the acute phase of cancer treatment comes to an end, often survivors are sent back to their primary

>> PROVISION OF A COMPREHENSIVE CARE SUMMARY OF CANCER TREATMENT, CLEARLY DEFINED IN A 'SURVIVORSHIP CARE PLAN' <<

care providers for maintenance and surveillance of post treatment effects. However, many primary care providers are not well informed about managing the care of cancer survivors. (Lester, Schmitt, 2011).

To improve the quality of care for cancer surveillance, the IOM partnered with the National Institutes of Medicine to develop recommendations and guidelines for surveillance, care planning, and delivery of care for cancer survivors. In their report, *From Cancer Patient to Cancer Survivor*, the IOM states: Every cancer survivor should have a comprehensive care summary and follow-up plan once they complete their primary cancer care that reflects their treatment and addresses a myriad of post-treatment needs to improve their health and quality of life. (IOM, 2005).

Additionally, the American College of Surgeons is setting as a requirement for accreditation, the incorporation of cancer survivorship programs with all of their accredited institutions by the year 2015 (Stein, 2012). To accomplish the incorporation of such a clinic, IOM/ACS has developed ten recommendations a survivorship program:

- I. Raise awareness of needs of survivors to establish cancer survivorship as a distinct phase of cancer care.
- II. Provision of a comprehensive care summary of cancer treatment, clearly defined in a 'Survivorship Care Plan'. This service should be reimbursed by third-party payors of health care.
- III. Health care providers should use evidence-based practice guidelines to identify and manage late effects

- General discussion of survivorship
- Long-term complications/sequelae of treatment
- Trends and statistics in health care access
- Health care systems/quality assurance/ models of care
- Rehabilitation services
- Quality-of-life issues in survivorship
- Detection of recurrent and secondary cancers
- Pain management
- Palliative care/end-of-life care
- Short-term complications
- Treatment of recurrent cancer

- IV. Quality of care of survivorship programs should be monitored through quality assurance programs.
- V. CMS, NCI, AHRQ, VA, and other qualified organizations should support demonstration programs in diverse communities and across systems of care.
- VI. Congress should support the CDC, other institutions, and the states in developing comprehensive cancer control plans and survivorship care.
- VII. The NCI, professional associations, and voluntary organizations provide educational opportunities to health care providers to equip them to address health care and quality of life issues of cancer survivors.
- VIII. Cancer providers, organizations, the NCI, and other governmental agencies should provide supportive services, financial services, eliminate discrimination in provision of care and employment of survivors, while supporting cancer survivors with short and long-term limitations in ability to work.

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FROM THE EDITOR SANDRA REMER, RN, BS, OCN®

I received the recent Clinical Journal of Oncology Nursing and briefly glanced through it to see what articles it contained that I might use in my practice. Toward the back of the journal was an article "Making a Lasting Impression". I stopped and took a minute to read down the column and realized that this was an article I could use, more me than anyone.

For each of us there has been at least one person in our lives who has made a difference, a parent, a friend, a colleague or a patient and if we think back we can see that our lives have been forever changed by that special person (s). For me there have been several, but just recently someone new inspired me.

Liz, work for Neurology and occasionally, worked in Neurosurgery. She is a nursing assistant, delightful, kind, very friendly and the patients love her. She is the kind of woman, who stops to greet a patient as they sit in the waiting room, just to be sure that they have been taken care of by the front desk. If not she helps, by giving them instructions concerning what needs to be done. She escorts patients and family members to an exam room, taking time to weight each patient and obtain vital sign. Then she proceeds to finish whatever paperwork is necessary for their visit with the physician.

Liz greets and treats everyone as if she knows them personally. She is a joy to watch. I never really had a chance to get to know Liz; I always seem to have something going on each clinic day. Well, a few weeks ago a someone placed an invitation up on the bulletin board about a birthday party for "Liz". I looked at the picture on the invitation and thought "That's Liz", but as I read the message I was astounded. Liz was celebrating her 83rd birthday on August 14, 2012 and the clincher was

that she also was celebrating 50 years of working at Henry Ford Hospital.

A few nights later, I was leaving and Liz was sitting at the front desk, so I stopped to talk. What I learned was truly amazing. Liz is actually the Reverend Dr. Virginia Taylor (with permission). She grew up in the same town where desegregation began. Liz started out at the University of Alabama, where she went to become a teacher. However, before she could complete her degree she had to make the decision to give up her education to raise her children. As she told me she became active in church and after several years, she realized that she could teach, and use those skills to help others, so she return to school to become a minister. She worked at Henry Ford to put herself through school, as well as pay the bills.

Liz was referred to work at Henry Ford Hospital, without even a resume and over the years, change jobs from one department to another, never interviewing , just being asked to "come work with me" by managers. In her eyes, I can see great pride in what she is doing and her voice spoke of how the warmth and kindness of those who were willing to help her along life's way gave her the courage to continue on the road she has chosen. Liz said she "retire 25 years ago", so to speak, but didn't want to live poor", so she continues working part time doing what she love best, working with people.

As we ended our conversation, I told Liz she had set the retirement bar up very high, I hadn't thought about working quite that long, perhaps I might have to rethink that. Inspiration and lasting impression can come from anywhere, even from someone you say good morning to regularly. Who do you know that is an amazing surprise?

PROGRAM COMMITTEE UPDATE

All meetings start at 5:30 with dinner and at least 1 free CE

October 9, 2012

IMER program at St John Oakland on Head and Neck cancer... Personalizing Treatment... multidisciplinary... bring your docs and dieticians and anyone else who might benefit.

November 14, 2012

Blood 101, Mary Mandziera, NP, at St John on Moross in the VanElslander Cancer Center

December 4, 2012

Annual Holiday Party at Jimi's in Royal Oak, come join us for dinner and our annual making of bags for the Homeless clinic... bring any hotel shampoos, conditioners, etc, socks, gloves, toothbrushes, other hygiene products to stuff the bags with.

January 8, 2013

Legal Update at the Weisberg Center of Karmanos Cancer Institute in Farmington Hills.

February 6, 2013

Mark your calendars for our annual all day conference featuring hot topics:

Prostate cancer treatment and sexuality post treatment, Survivorship Planning, Pharmacy Update, HPV/Oral/Cervical cancer connection, Palliative Care

NEW Site: Silver Garden Event Center on Southfield Rd in Southfield

For any last minute questions, weather cancellations, etc., please call Deborah Olszewski at work 313-576-8687 or cell 248-245-6670

CANCER SURVIVORSHIP

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- IX. Federal and state agencies should act to ensure all cancer survivors have adequate access to affordable health insurance.
- X. New research initiatives should be developed focusing on cancer patient follow-up by national organizations including the NCI, CDC, AHRQ, CMS, VA, and ACS.

Advanced knowledge and treatment of cancer has increased the lifespan of cancer patients, changing the face of cancer from a death sentence to a manageable disease entity. Longevity can be attained with the proper care. Cancer treatment does carry with it, long-term effects and new health care surveillance requirements. After treatment and remission, many patients return to their

previous care providers who are unaware of their changed health needs. Difficult questions such as who is best suited to meet the needs of cancer survivors and what should be the scope and depth of a program need to be addressed. Let's rise to the challenge to provide better care and better outcomes for survivors.

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HIGHLIGHTING A MEMBER: REBECCA ALLAN-GIBBS



And the winner is... Rebecca Allan-Gibbs, CNS-BC, RN, AOCNS. Yes, Rebecca won the Advanced Practice Oncology Nursing Award this year from our own MDONS. She was nominated by the Oncology Clinical Manager at Providence Hospital and was then selected by the MDONS Board as the winner in May of this year. Rebecca is a very busy nurse and the \$500.00 award that she received went

toward a much needed vacation with her husband.

It was a great pleasure to interview this young and ambitious nurse for this piece of the MDONS newsletter. Rebecca has been a nurse for 12 years. As a new graduate in 2000 she worked at Henry Ford Hospital where her interest in oncology nursing was germinated. This seed led to her love for oncology nursing which continues to grow today. Her journey with oncology nursing has also taken her to the Karmanos Cancer Center and to St. Johns. While she continues to work contingent at St. Johns, she most recently accepted a full time faculty position at Madonna University.



This dedicated and ambitious nurse received her Bachelor degree at Madonna University and then went on to Wayne State to obtain her Master Degree as a Community Health Clinical Nurse Specialist. This allowed her to function for the past nine years as a Clinical Nurse Specialist. She has most recent role was with the St. John West Region's oncology program where her responsibilities include policy development, patient and staff education and outcomes. Other responsibilities in this role include developing chemotherapy competence and safety. She has done all of this while working on a PhD at Wayne State University which she began working on in 2007. She expects to graduate this coming May.

While employed at Karmanos, she chaired the Falls Committee which led to her interest in fall which continues and is a focus of her research. Her article *Falls and Hospitalized Cancer Patients: A review of the Literature*, was published in the December 2010 issue of the Clinical Journal of Oncology Nursing. Since that time, she has received a \$15,000.00 grant from the American Cancer Society for her continued research.

Rebecca includes MDONS as an important contributor to her ongoing pursuit of nursing practice improvement. She appreciates the educational opportunities presented through MDONS and the "ability to network" with her peers. "The educational material presented at the dinner meetings have information that you can actually take back and incorporate into your practice. Not to mention the benefit of a CEU". She stated that she sometimes has difficulty fitting the meetings into her busy schedule but always feels "rejuvenated" after attending and is reminded of the many rewards of oncology nursing.

Believe it or not Rebecca finds time for a social life! She lives in Dearborn with her husband and two cats and considers time with her family and friends a priority on her list of things to do. She also includes as her hobby golfing. As I mentioned earlier, she was able to put the award money toward a vacation. She and her husband interacted with Hurricane Isaac's fury at the tail end of their Southern Caribbean Cruise. The cruise was actually extended out at sea for an additional day and a half because of Isaac. Their eight day cruise turned into a nine and a half day cruise. They made it home safe and sound after adjusting their travel plans due to this weather.

I am certain that everyone will join me in congratulating Rebecca on winning the MDONS award and on her other commendable accomplishments. It is a great honor to have Rebecca as one of our peers. Keep up the great work Rebecca!!!

SUSAN HANSELL, RN, MBA, BSN

FROM THE PRESIDENT MICHELLE WALLACE, BSN, RN, OCN®



I had the recent honor of participating in planning and presenting at the Annual ONS Leadership Workshop, formerly known as Mentorship Weekend. Leaders attending the workshop shared their knowledge, experience, ideas and strategies to successfully maintain, enhance and engage their chapter membership. Many chapters and Special Interest Groups (SIGS) received accolades for their outstanding efforts in supporting ONS and the ONS Foundation.

I am pleased to inform you that MDONS is to be congratulated for being the recipient of several awards:

MDONS was the co-recipient of the Chapter Newsletter Award. Carole Bauer, editor of the Capsule, as well as all the contributing authors are to be commended for consistently keeping us informed with current, evidenced-based articles of such a high caliber. You are invited to become a member of the committee or to submit an article for a future edition of our newsletter.

MDONS was acknowledged for having the highest voting percentage in the ONS elections in February. Thanks to all the members who voted in this election, our chapter received a monetary award of \$1000. Your participation in the election

process is demonstrative of your dedication to both ONS and MDONS. It is my hope that we are represented next year with 100% voting participation of our membership. We welcome suggestions on ways to improve this process in order to achieve this goal.

MDONS was recognized for being at the Chapter Giving Circle donor level for financial contributions in support of the ONS Foundation. In addition to our annual contributions, MDONS donated the check received from the Chapter Newsletter Award to the ONS Foundation. Donations made to the Foundation are used to provide education, scholarships and grants. As members of ONS, please visit the ONS and Foundation websites to take advantage of the many funding opportunities.

These awards will be included in the 2012 Annual Report that will be submitted to ONS.

>> WE ARE WHAT WE REPEATEDLY DO.
EXCELLENCE, THEN, IS NOT AN ACT,
BUT A HABIT. *Aristotle* <<

Due to our many achievements, MDONS was referred to as being a chapter of excellence. This is a direct reflection of our exceptional

membership. Please continue to support our chapter. You are always encouraged to provide input on ways to make our chapter even better by contacting me or one of the MDONS board members. According to John W. Garner, "Excellence is doing ordinary things extraordinarily well." Thanks to the diligence of so many of our members, we excel in making the ordinary extraordinary.

ONS Launches Seal of Approval Program

The Oncology Nursing Society's (ONS) Seal of Approval program is designed to assist healthcare professionals and consumers in selecting quality educational materials related to cancer care. For more information go to: www.ons.org/News.aspx?id=248

ONS Welcomes New Sponsor of Recognition Program Honoring Oncology Nurses

The Oncology Nursing Society (ONS) welcomes Millennium: The Takeda Oncology Company as a co-sponsor of the ONS Honor Someone Special recognition program. Information about nominating a special nurse for the Honor Someone Special recognition is available online. Every oncology nurse who is nominated is recognized in a special way by ONS. Go to <http://honorsomeonespecial.vo.ons.org> for more information on how to nominate a special nurse.

ONCC Launches New Certification for Blood and Marrow Transplant Nurses

The Oncology Nursing Certification Corporation (ONCC) announces it will offer a new certification program in blood and marrow transplantation (BMT) nursing. The first Blood and Marrow Transplantation Certified Nurse Examination will be offered in February 2014. Nurses who pass the test will earn the credential "BMTCN." For more information go to: <http://www.ons.org/News.aspx?id=244>

The Chapter Capsule

...is a publication of the Metropolitan Detroit Chapter of the Oncology Nursing Society. MDONS is devoted to improving the quality of care given to patients experiencing cancer. This newsletter is published four times a year, in spring, summer, fall and winter. Letters and articles from members are welcomed. All material is subject to editing for space and clarification. Neither the Metro Detroit Chapter nor the ONS National Office assumes responsibility for opinions expressed herein. Acceptance of manuscripts does not indicate or imply endorsement. Materials may be submitted to:

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